



# 22<sup>nd</sup> SEPTEMBER 2019

## PENGWERN FUN REGATTA

Would you like to learn to row?

Get together a team of four friends, family or work colleagues and give it a try. You will receive expert coaching over four sessions then have the opportunity to put your new found skills to the test against other crews in some exciting side-by-side racing. All you need to do is find £40 each, stock up on enthusiasm, and give it a try!

For more information visit [www.pengwernbc.co.uk](http://www.pengwernbc.co.uk) or email [pengwernfunregatta@btinternet.com](mailto:pengwernfunregatta@btinternet.com)



**Want to  
give rowing a try?**

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**No  
Experience Needed**

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**Thrilling side-by-  
side racing against  
similar crews**

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**Mixed, female and  
male categories.**

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**Fancy dress if you  
dare!**

**REGISTER YOUR CREW**

Download the entry form  
online  
Or call  
07970 973583

[www.pengwernbc.co.uk](http://www.pengwernbc.co.uk)

Sunday, 22nd September