



Shrewsbury Regatta 2025

IN AN EMERGENCY: INSTRUCTIONS for CREWS & OFFICIALS

- **Inform Control immediately. Give as much information on the incident as possible. Be clear and concise. Keep radio messages brief and concise throughout.**
- **Stop all racing (approaching incident)**
- **Control to take charge or nominate an Official to do so.**
- **Safety Boat and First Aid to be alerted.**
- **Capsized crews should stay with their boat. Crew captains should take charge until the safety boat arrives.**
- **All involved in the incident must be checked by a First Aider.**
- **Racing will resume once the safety lead & coordinating umpire are satisfied that it is safe to do so – Coordinating umpire will resume racing.**
- **Race commentary to be suspended unless required to help the emergency situation**
- **In the event of a thunderstorm rowing may be temporarily suspended.**
- **Crews listen out carefully for and obey all instructions given by Umpires and Race Officials**
- **Emergency Access Points will be at the following locations:**
 - **Cattle grid, next to The Boathouse pub (///trial.liver.pouch)**
 - **Cattle grid, next to The Royal Shrewsbury School Boat Club (///trout.mutual.shots)**

The organisers of Shrewsbury Regatta will endeavour to provide a safe environment in accordance with British Rowing’s “Row Safe” guidance, but competitors, coaches and clubs are specifically reminded that every person attending the event, including those competing, or officiating, do so entirely at their own risk and are solely responsible for:

1. Their own safety;
2. Ensuring that their boats are safe and are prepared to the standards required by British Rowing’s “Row Safe” and the British Rowing Rules of Racing. Any boat found failing to meet the standard will be excluded.
3. The strict observance of the circulation pattern.
4. Deciding, together with their coaches, whether they are competent to compete in the prevailing weather and stream conditions; and dressing adequately for cold weather to keep warm and in hot weather taking sufficient fluid to avoid dehydration. Long hair must be tied back.
5. Ensuring ‘a responsible adult’ accompanies each junior competing in the event to assist them ‘in loco parentis’ with their responsibilities and assume responsibility for their welfare.

Race Committee 2025

TBC (Chair Saturday)	On duty coordinating umpire
TBC (Chair Sunday)	Regional Umpiring representative (if required)

Instructions for Competitors

1. For **adaptive events (not applicable in 2025)**;
2. Crews must register as early as possible. Up to half the crew and the cox can be changed after close of entries and before the 1st race. Any crew racing with substitutes who have not been registered risks disqualification. The first named crew will row on the **QUARRY PARK** side of the river.
3. **Crews & coxes may only race once in each Division and equipment may only be used once per Division.** Crew identities may be checked: bring Racing Licence.
4. **The Regatta reserves the right to adjust the course to ensure safe and equal racing.**
5. **Crews must be at boat pairing 30 minutes before the race and at the start 5 minutes before the race.** Time should be allowed for Boat Checking by Control Commission and any delays when boating. **Crews must be paired with their opposition before they boat.**
6. The **Starting Umpire** will not be announcing ‘**two minutes**’ to race time.
7. All Crews will Boat downstream from the RSSBC Pontoon and land at the Pengwern Pontoon unless given specific instructions otherwise.
8. Crews must stay close to the bank on the Boathouse side, while avoiding moored boats, on the way to the start until turning at the Start Marshaling Area. Follow the Boat Circulation plan and all instructions from officials. **When leaving the RSSBC pontoon crews must listen to the instructions of marshals and be very careful to remain within the green buoyed lane to avoid clashing with racing crews.**
9. No practice allowed downstream of the start. Crews must stay upstream of the English Bridge on Saturday and upstream of the line of buoys marking the end of the Marshaling Area on Sunday. The course is buoyed with red buoys. Free start both days.
10. **Not applicable in 2025:** Partially sighted scullers will be preceded in their lane by a sculler giving steering instructions via radio. The opposition in the race and officials will be advised of this arrangement. Any partially sighted sculler requiring this arrangement shall inform the Organising Committee at time of entry.
Special arrangements may be needed for competitors with similar disabilities in which case umpires, other officials and competitors will be fully briefed.
11. Paddle well clear **at the finish, do not stop**, and turn immediately beyond the red marker buoy towards the clubhouse bank. When returning from the finish keep close to the bank and follow the Finish Marshal’s instructions. This will be strictly enforced.
12. Trailers should be parked adjacent to the Pengwern Boat Clubhouse in Beck’s Field unless prior arrangements have been made with Shrewsbury School. All cars must park in Burrs Field (see plan) or alternate town parking areas.
13. Unsportsmanlike behaviour on or off the water will lead to disciplinary measures in line with British Rowing rules of racing (2-7-4).
14. What to do with long hair: The recommendation in RowSafe is to ensure that hair, if long, is tied up into a bun or “top knot” such that it does not interfere with rowing and cannot be entangled in the equipment in the boat (HRSA Monthly Report March 2025).
15. No row overs will be permitted except in finals when they are mandatory.